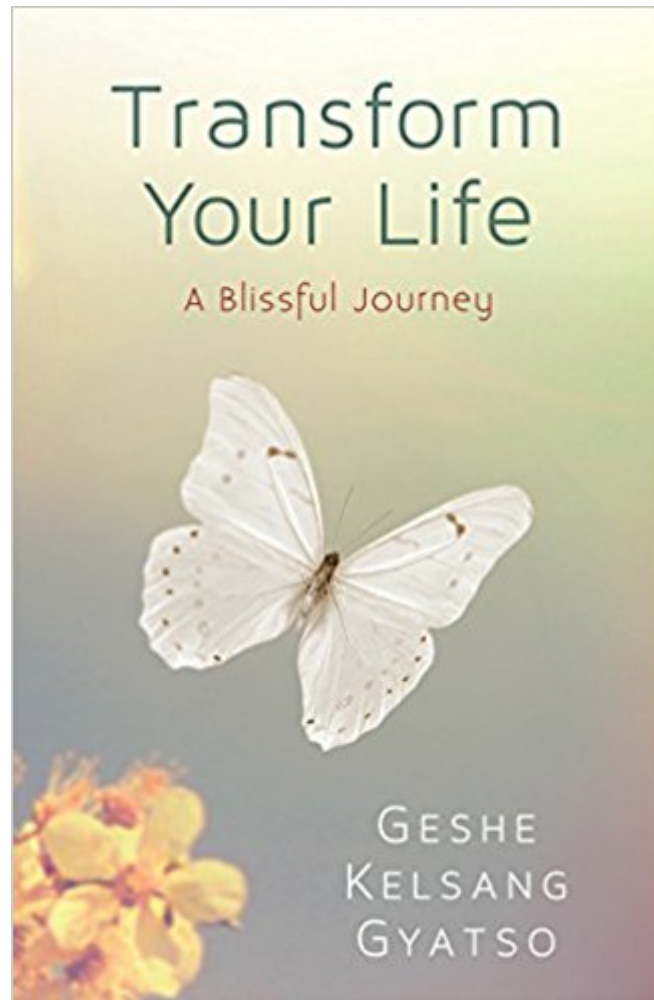




Ebook Directory
the best source of ebook

The book was found

Transform Your Life: A Blissful Journey



Synopsis

Through applying these instructions we can transform our life in a positive way. Buddhist principles are explained such as how to attain inner peace, what is the mind, what happens at the time of our death and karma. Readers can learn simple methods to transform their minds and lives through an exploration of the real meaning of their human life, how to find the source of happiness, and the actual methods to solve our daily problems.

Book Information

Paperback: 400 pages

Publisher: Tharpa Publications; 2 edition (October 25, 2015)

Language: English

ISBN-10: 1616060379

ISBN-13: 978-1616060374

Product Dimensions: 5.1 x 0.9 x 7.8 inches

Shipping Weight: 12.6 ounces (View shipping rates and policies)

Average Customer Review: 5.0 out of 5 stars 6 customer reviews

Best Sellers Rank: #492,966 in Books (See Top 100 in Books) #48 in [Books > Politics & Social Sciences > Philosophy > Eastern > Buddhism > Mahayana](#) #2559 in [Books > Self-Help > Spiritual](#) #100057 in [Books > Religion & Spirituality](#)

Customer Reviews

We all enjoy limitless possibility for happiness and fulfilment; this book can help us attain it. A work of deep spiritual insight.' - The Napra Review "... a laudable and thought-provoking read ..." - MidWest Book Review --This text refers to an out of print or unavailable edition of this title.

"When things go wrong in our life and we encounter difficult situations, we tend to regard the situation itself as our problem, but in reality whatever problems we experience come from the side of the mind. If we were to respond to difficult situations with a positive or peaceful mind they would not be problems for us; indeed, we may even come to regard them as challenges or opportunities for growth and development. Problems arise only if we respond to difficulties with a negative state of mind. Therefore, if we want to transform our life and be free from problems, we must transform our mind."

Best book ever

As advertised

Excellent Book.

Still reading it and taking breaks to ponder certain points. It's giving me a different outlook on things.
I love it

beautiful, soulful, original

This was one of the first books on Buddhism and meditation I ever read and it truly did transform my life. So practical and clear and literally anyone can benefit from the insights in this book. So grateful that this exists!

[Download to continue reading...](#)

Transform Your Life: A Blissful Journey Ultimate Happiness Health & Chakras: A Blissful Journey through 7 Wonders of the Soul Spartan Fit!: 30 Days. Transform Your Mind. Transform Your Body. Commit to Grit. Botanical Wonderland: A Blissful Coloring Retreat Bountiful, Beautiful, Blissful: Experience the Natural Power of Pregnancy and Birth with Kundalini Yoga and Meditation The Blissful Longing of Rumi Journey Into Power: How to Sculpt your Ideal Body, Free your True Self, and Transform your life with Baptiste Power Vinyasa Yoga Fish! Tales: Real-Life Stories to Help You Transform Your Workplace and Your Life Capture Your Style: Transform Your Instagram Photos, Showcase Your Life, and Build the Ultimate Platform The 22-Day Revolution: The Plant-Based Program That Will Transform Your Body, Reset Your Habits, and Change Your Life Meditations to Change Your Brain: Rewire Your Neural Pathways to Transform Your Life The Change Cookbook: Using the Power of Food to Transform Your Body, Your Health, and Your Life Finding Your Element: How to Discover Your Talents and Passions and Transform Your Life Life After Heaven: How My Time in Heaven Can Transform Your Life on Earth A Year For Change: 52 Simple Steps to Transform Your Life (Life Lessons, Finding You) Restoring Your Digestive Health:: How The Guts And Glory Program Can Transform Your Life The Conscious Cleanse: Lose Weight, Heal Your Body, and Transform Your Life in 14 Days (Complete Idiot's Guides (Lifestyle Paperback)) Core Performance: The Revolutionary Workout Program to Transform Your Body and Your Life Women With Attention Deficit Disorder: Embrace Your Differences and Transform Your Life Z.B.A.: Zen of Business Administration - How Zen Practice Can Transform Your Work And Your

Life

Contact Us

DMCA

Privacy

FAQ & Help